

Mets news: Francisco Lindor shares eye-opening admission after brutal series sweep vs Phillies

The New York Mets are coming off a brutal 2 game losing streak to the Phillies as they did not look good... Mets superstar Francisco Lindor opened up about the team's struggles after being shut out on Tuesday.

Lindor emphasized this past month has been an uphill battle, but this is part of the journey. The Mets are certainly going through a journey, as they finished their five game home stretch 1-4 against division rivals; Braves, and Phillies.

The team is in a slump as well as their shortstop Lindor, who went hitless in back to back games. While he's hit seven big home runs in 40 games, his batting average is struggling.

Lindor is trying to stay positive to bring some good spirits to the rest of his teammates in the dugout. As he wants to get his team out of this slump as soon as possible.

Giants news: Jorge Soler struck in head by his own foul ball during Batting Practice

Are the San Francisco Giants cursed? Jorge Soler was recently placed on the 10 day IL with a shoulder injury, and was set to come back to batting practice with the team.

In the unluckiest way possible, the Giants star ended up with ANOTHER injury. During batting practice Jorge hit a foul ball that struck him right in the head, he went down and soon after walked off the field with a trainer.

The 32 year old designated hitter for the Giants recently signed a three year, \$42 million deal this past off season, and it's certainly off to a rough start. In just 34 games, Jorge is hitting .202 with five home runs, four doubles, and eight RBIs.

At this point it's too soon to judge if Jorge's injury is serious or not. When will the San Francisco Giants injury bug be lifted?

3 early-season trades Rockies must make (Some trade ideas for the Rockies early in the 2024 MLB season.)

The most fun part of any Major League Sport, acting like you are the general manager of your favorite team. But it must be tough to be a fan of a bottom team in the MLB, but what if you could bring hope to the Colorado Rockies.

The Colorado Rockies aren't known as the most functional franchise in Major League Baseball, as their owner doesn't even believe in his team. This is going to be a grueling task ahead, to take a team who paid Kris Bryant \$182 million to have just played 15 total games so far this season.

"Hey Siri: How would you turn the Colorado Rockies around?" If it were only that simple, to turn this franchise around. This rebuild is going to need a lot but it is certainly possible. So it's time to dive in and find the best trade candidates on this team, while bringing home some prospects for the future.

The first trade candidate Elias Díaz to the Chicago Cubs, this would be a win win for both teams because Díaz is coming off an all star season. Chicago gains an all star while Colorado doesn't have to worry about his contract expiring.

Multiple teams would welcome Díaz with open arms, it would be an instant upgrade for Chicago with an aging veteran in Yan Gomes and their second year guy Miguel Amaya would get to really learn the ropes behind an established all star in Díaz.

The Cubs gain an all star while the Rockies have a good chance at a young prospect with Porter Hodges or even the 19 year old Jefferson Rojas.

The next candidate to find a new home would be second baseman Brendan Rodgers. Toronto would benefit from this trade because they would be gaining a very versatile infielder who can be moved between second and third base.

The Blue Jays would be taking on a smaller contract while bringing on a solid piece that could be the difference maker for them. While Colorado has the potential to bring in Enmanuel Bonilla, an 18 year old outfielder for the future of the franchise.

Lastly, Colorado should part ways with Jalen Beeks, one of the Rockies stars this season. It's always tough parting ways with one of the stars, especially with where they could deal him.

That being the division rival Arizona Diamondbacks, who are in need of a lefty reliever. The Diamondbacks who lost both of their lefties would be the perfect opportunity to bring in some young talent to the Colorado Rockies. One name that comes to mind is Christian Mena, a 21 year old prospect whose potential is through the roof. Mena would instantly be thrown into the rotation, and he could be the biggest factor for raising the Rockies to relevance.

Colorado needs to make these trades urgently.